

**ACTON NURSING SERVICES
OCTOBER 13, 2020**

**PLANNING FOR HOSPITALIZATION
IN CASE OF COVID-19**

During the current COVID-19 pandemic, everyone should be prepared in case someone in your household becomes ill or injured and needs to be evaluated or treated at the hospital. One way to do this is to set up a **Grab-n-Go Kit** so you'll be ready just in case. Include a cell phone and long power cord so the patient can have a trusted family member or friend keep in touch and/or attend meetings with physicians.

Things to remember when planning for hospitalization:

- No matter the reason, individual patient will be going alone; it is most likely that no one will be able to accompany the patient beyond the front door. Generally, visitors are not currently permitted in hospitals.
- Patient may not be allowed to go to preferred hospital.
- Baseline patient information must be shared to assist in medical treatment.

GRAB-N-GO KIT

Put information into a plastic resealable bag

FACE SHEET – BASIC INFORMATION

- Name of patient
- Home address and phone number
- Date of Birth
- Allergies
- Emergency Contact Information: name, phone number, email and text number
- Doctors Contact Information: name(s), address(s), phone/fax numbers, email
 - Primary Care
 - Specialists

SPECIFIC NEEDS

- Medical conditions of the patient
- Implantable devices
- Baseline level of activity – does the patient walk unassisted or assisted
- Special precautions for positioning in bed
- Hearing issues
- Eyesight issues
- Cognitive abilities – this is very important

OTHER INFORMATION

- Medication List including dosages for prescribed and over the counter medications
- Medical Conditions, Past Surgeries, Hospitalizations
- Copy of insurance cards
- Signed HIPAA Release Forms
- Healthcare Proxy
- Advance Directives
- Power of Attorney
- Medical Orders for Life Sustaining Treatment (MOLST) or Portable Medical Orders (POLST) forms – these forms provide instructions about your personal wishes for treatment if you aren't able to express these instructions yourself for end of life care.